

Dr. Toby Groves



Dr. Toby Groves is a research psychologist and popular speaker specializing in elevating thinking quality, achieving breakthroughs, and unlocking untapped cognitive potential. Known for his innovative cognitive strategies and vivid mental imagery techniques, Dr. Groves has captivated audiences across industry, government, and academia. He works with professionals in critical fields such as audit, intelligence, investigation, legal, and medical sectors. Holding a PhD in psychology and an MA in industrial-organizational psychology, with additional training in forensic psychology and forensic accounting, Dr. Groves' unique approach has made him a sought-after presenter for individuals responsible for making critical, high-stakes decisions and solving complex problems impacting our society.